

**22q Family Meeting and Seminar Draft Program**  
**13<sup>th</sup> August 2022**  
**Norths Cammeray**  
**12 Abbott Street, Cammeray, NSW 2062**

Start 12 midday - Ken Irvine Room Norths

12.00pm Welcome and introduction to the foundation

12.10pm Dr Laura Roche - How we might alter the long-term mental health outcomes of children by providing them with socio-communication intervention early in life and telehealth services.

12.30pm AGM 15 mins

12.45pm Family stories

Jessica Bracey - Receiving a diagnosis during lockdown and trying to navigate the complexities of 22q

Glenn Fuller - Lived experience from a father's perspective

Panel Discussion:

- Glenn Fuller
- Mark Kamper
- Jessica Bracey
- Caroline Dwyer
- Charlotte Kamper
- Georgia Fuller
- Dr Linda Campbell

2.00pm Afternoon tea

2.30pm – 4.00pm Break-out sessions

- Young Adults -16-35 years who have 22q - (22q Connect) – Facilitated by Dr Laura Roche
- Dr Linda Campbell – Anxiety, behaviour and mindfulness
- Speech issues, management, and NDIS discussion with DR David Fitzsimons
- Parents of older children – connecting and networking

4.00pm – 6.00pm People can either hang around at the venue as it is a club, go for a walk, go home etc.. and then in the evening join us for a social dinner.

6pm- for 7pm start - Social dinner (2 courses) The Lounge – Norths Cammeray